

Shalom Mennonite Church

April 21, 2013

Don't Forgive Too Soon

Part 2: Anger

Whoever is slow to anger has great understanding,
but one who has a hasty temper exalts folly.
-Proverbs 14:29

Make no friends with those given to anger,
and do not associate with hotheads,
or you may learn their ways
and entangle yourself in a snare.
-Proverbs 22:24-25

Gathering in God's Presence

Welcome & Special Announcements

Gerry Epp

Gathering Music

Annua Gaudia (a hymn to St. James)

Alex Bargerstock, baritone

Rise Up, My Love, My Fair One

J. David Moore

Healy Willan

Call to Worship (adapted from Psalms 86, 103 and 145)

God's people say,
The Lord is merciful and gracious,
slow to anger and abounding in steadfast love.

Opening song HWB 65

Praise, my soul, the King of heaven

Proclaiming the Word

Children's Time

Beth Burns

Gospel Reading

John 2:13-25

Choir - *The Hidden Stream that Feeds*

Eleanor Daley

Quiet Reflection

The periods of silence will begin and end with the ringing of a chime.

Meditation

"Slow to Anger"

Sara Dick

Choral Response *Timor et Tremor*

Terry Schlenker

Fear and trembling came over me,
and darkness fell over me:
have mercy on me, O Lord, have mercy on me,
for my soul trusts in you.

Hear, O God, my prayer,
for you are my refuge and my strong helper.
Lord, I have called upon you, I shall not be confounded.

Responding to the Word

Offertory & Prayer

I am not Yours (Text by Sara Teasdale)

Z. Randall Stroope

Sharing Time & Introductions

During this time in the service we welcome visitors, invite responses to the worship service, and share prayer concerns and joys. Please sign the Welcome Pages (black books) in the pews so we can learn each others' names.

Prayers of the People

Sending Song HWB 170

The King of love my shepherd is

Benediction

Ephesians 4:25-27, 31-5:2

Hearing devices are available from an usher or the sound booth.

For as pressing milk produces curds,
and pressing the nose produces blood,
so pressing anger produces strife.

-Proverbs 30.33

HEALING PROCESS TO MOVE THROUGH ANGER

1. Imagine yourself in the presence of someone who loves you, such as God, your best friend, etc.
2. Get in touch with the hurt you've experienced and your feelings of anger.
3. Share with God or your best friend your feelings about the hurt, expressing all your anger. Include what you lost and what you need. You may wish to do this in the form of a letter. If so, write your letter in the present tense, as if the hurt were happening to you right now.
4. Listen for how God or your best friend would respond. If you've written a letter, let God or your best friend write back to you.
5. Breathe in the ways God or your best friend wants to love you.

From Don't Forgive Too Soon: Extending the Two Hands That Heal by Dennis Linn, Sheila Fabricant Linn and Matthew Linn

Greeters: Anita & Stan Bohn, Gary & Gloria Rediger
Musicians: Bradley Kauffman and the Hesston College Bel Canto
Singers, Greta Hiebert
Visual Arts: Marlene Smucker
Sound & closing: Russ Neufeld
Bulletin cover art: *Don't Forgive Too Soon: Extending the Two Hands that Heal*, by Dennis Linn, Sheila Fabricant Linn and Matthew Linn; illustrations by Francisco Miranda. Copyright © 1978 by The Wisconsin Province of the Society of Jesus, Sheila Fabricant Linn and Dennis Linn. Used with permission of Paulist Press, Inc., Mahwah, NJ
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Pastors: Eric Massanari, Sara Dick
Administrative Assistant: Grace Wenger
Church Moderator: Matt Schmidt

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Sunday, April 21, 2013

Our purpose is to worship and praise God together, to pray for and encourage each other to live our covenant with God and to share Christ's good news with others. As Anabaptist Christians we will reach out to others, welcome all people, be aware of our neighbors and respond to their needs, and give ourselves to service.

9:30 a.m. - Sunday School 10:45 a.m. - Worship
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